

# PROGRAM

21<sup>st</sup> of March 2024

**NUTRICIA**  
LIFE-TRANSFORMING NUTRITION

EPILEPSY

## Global Nutricia Complex Epilepsy Expert Day Thursday, 21<sup>st</sup> of March 2024



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- 09:30-10:00 **Registration**
- 10:00-10:15 **Opening by Chair**
- 10:15-11:00 **Ketogenic Diet at 102: past, present, and future**  
Prof. Eric Kossoff, Professor of Neurology, John Hopkins Hospital, US
- 11:00-11:45 **The broad spectrum of ketogenic diet therapy & neuro inflammation**  
Prof. Stéphane Auvin, Epileptologist and Child Neurologist, Professor at Paris-Diderot University & Robert-Debré University Hospital, FR
- 11:45-12:00 **Break**
- 12:00-12:45 **Ketogenic diet therapy as a precision medicine in early childhood**  
Prof. Anastasia Dressler, Epileptologist and Child Neurologist, Medical University of Vienna, Department of Pediatrics & Adolescent Medicine, AT
- 12:45-13:45 **Lunch & Keto Cooking demo with Chef Derek, UK**
- 13:45-14:30 **Initiation, management & weaning of KDT**  
Dr. Elles Van Der Louw, Ketogenic dietitian at the Erasmus MC Sophia children's hospital, NL
- 14:30-15:15 **KDT & established therapy for adults**  
Dr. Frank Brandhoff, Epileptologist, Epilepsy center Kleinwachau, DE
- 15:15-15:30 **Break**
- 15:30-16:15 **How to set up a KDT: milestones for an interdisciplinary approach**  
Dr. María M. Vaccarezza, Neurologist, Hospital Italiano de Buenos Aires - Department of Pediatric Neurology, AR
- 16:15-16:30 **Panel discussion**
- 16:30-17:00 **Optional guided tour of the Research Centre (please register in advance)**



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Location: Nutricia Research Centre in Utrecht, the Netherlands

For Healthcare Professionals only. This program may be subject to change.